**Western Washington University - Graduate Student Resources Cheat Sheet**

**Overview**

This guide is intended to give you an overview of resources Western has available for graduate students. This is not an exhaustive list and there are many other on and off campus resources available to help you in your graduate journey and support your physical, mental, and academic wellbeing. Check out the Graduate Student Canvas page for more details. If you have specific questions about resources, programs, or grad student life, please contact your Graduate Peer Advisors!

**Peer Advisors**

Aubrie Patterson, patter21@wwu.edu || Gabby Wilson, wilso377@wwu.edu

[Office hours and information](https://wwu.instructure.com/courses/1618261/pages/peer-advisors?module_item_id=16485172)

**Resources**

**Mental Health**

* [Counseling and Wellness Center](https://counseling.wwu.edu/)
* [Crisis Support](https://cwc.wwu.edu/crisis-services)
* [Embracing challenges](https://wwu.instructure.com/courses/1618261/modules/items/16380667)
* [Imposter syndrome](https://wwu.instructure.com/courses/1618261/modules/items/16380669)

**Academic Success**

* [Graduate Research and Writing Studio](https://library.wwu.edu/rws#rws-graduate-services)
* [Zotero How-To Guide](https://libguides.wwu.edu/zotero)
* [Thesis support](https://wwu.instructure.com/courses/1618261/pages/completing-a-thesis?module_item_id=16380700)
* [Student Technology Center](https://stc.wwu.edu/)
* [Planning and time management](https://wwu.instructure.com/courses/1618261/pages/time-management?module_item_id=16380675)
* [Timelines for grad students](https://wwu.instructure.com/courses/1618261/pages/general-timelines-and-requirements?module_item_id=16380684)

**Teaching and Research Assistantships**

* [TA compensation overview](https://gradschool.wwu.edu/ta-compensation)
* [Graduate TA Teaching Resources Canvas Course](https://wwu.instructure.com/courses/1349045)
* [TA Trainings 2022-23](https://wwu.instructure.com/courses/1618261/pages/training-for-teaching-and-research-assistants?module_item_id=16380680)

**Physical Health**

* [Student Health Center](https://studenthealth.wwu.edu/)
* [Sexual Health and Wellness](https://wwu.instructure.com/courses/1618261/pages/sexual-health-and-wellness?module_item_id=16484894)
* [Student health insurance plan](https://gradschool.wwu.edu/health-insurance)

**Financial Aid, Scholarships, Funding**

* [Research funding](https://rsp.wwu.edu/graduate-research-and-creative-opportunities-grant)
* [Grants and other funding](https://wwu.instructure.com/courses/1618261/modules/items/16380691)
* [Teaching and Research Assistantships](https://wwu.instructure.com/courses/1618261/modules/items/16380689)
* [Student deals](https://wwu.instructure.com/courses/1618261/modules/items/16380693)
* [Budgeting and financial management](https://wwu.instructure.com/courses/1618261/modules/items/16380687)

**Professional Development**

* [Career Center](https://www.wwu.edu/careers/families.shtml)
* [Career planning](https://wwu.instructure.com/courses/1618261/pages/future-careers?module_item_id=16380709)

**Multicultural Student Success**

* [Student Advocacy & Identity Resource Center (SAIRC)](https://as.wwu.edu/sairc/)
	+ Includes Gender Liberation Center, Blue (undocumented) Resource Center, Queer Resource Center, and Disability Outreach Center
* [Disability Access Center](https://disability.wwu.edu/)
* [LGBTQ+ Western](https://lgbtq.wwu.edu/)
* [Ethnic Student Center](https://as.wwu.edu/esc/)
* [ADEI: The Access, Diversity, Equity, and Inclusion Unit](https://wwu.instructure.com/courses/1618261/pages/adei-the-access-diversity-equity-and-inclusion-unit?module_item_id=16507592)

**Basic Needs**

* [On campus Food Pantry](https://as.wwu.edu/sairc/whole/)
* [Other free food links](https://wwu.instructure.com/courses/1618261/modules/items/16447666)
* [Housing and rental assistance](https://wwu.instructure.com/courses/1618261/modules/items/16447797)
* [Free clothing](https://wwu.instructure.com/courses/1618261/modules/items/16447813) (including [professional](https://www.wwu.edu/careers/careercloset.shtml))
* [Help paying for energy and Wi-Fi](https://wwu.instructure.com/courses/1618261/modules/items/16447804)
* [Free toiletries, menstrual, and sexual health Items](https://wwu.instructure.com/courses/1618261/modules/items/16448671)

**Graduate Student Community**

* [Finding your community](https://wwu.instructure.com/courses/1618261/pages/experience-and-community?module_item_id=16380668)
* [Clubs](https://win.wwu.edu/organizations) and [Events](https://calendar.wwu.edu/) at Western

**Getting to know Bellingham**

* [WWU Student Guide to Bellingham](https://www.bellingham.org/itineraries/western-washington-university-students-guide-to-bellingham)
* [Cheap food around town](https://www.bellingham.org/itineraries/cheap-eats-in-bellingham-whatcom-county-)
* [Best coffee shops](https://www.bellingham.org/itineraries/the-best-coffee-shops-in-bellingham)
* [Outdoor organizations](https://www.bellingham.org/adventure)